

**Rensselaer County Department of Unified Family Services - AGING  
HOOSICK FALLS SENIOR CENTER, 69 Church St.- Phone 686 - 7561  
JANUARY 2019 ACTIVITIES CALENDAR**

Monday	Tuesday	Wednesday	Thursday	Friday
	1)Card Party Day 10:30, Van Transportation Available, Cards	2)Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2	3) Cards, Van Transportation- Local Errands, Bingo 12:45, SPECIAL DINNER 12:00	4) Cards, Bingo 12:30, Yoga 10:30, Legal Aid Available –sign up!
7) Cribbage 9:00, Cards, Yoga 10:30	8)Card Party Day 10:30, Van Transportation Available, Cards	9) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2	10) Cards, Van Transportation- Local Errands, Bingo 12:45	11) Cards,Yoga 10:30, Bingo 12:30
14)Cribbage 9:00, Cards, Yoga 10:30, Shopping Day – Van leaves 9:30- sign up!!	15) Card Party Day 10:30, Van Transportation Available – Local Errands, Cards, CRAFTS 9:30	16) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2, CRAFTS 9:30, Food Stamp Help-sign up!!	17) Cards, Bingo 12:45, Van Transportation Available- Local Errands, Smart Food Ideas 11:00	18) Cards, Yoga 10:30, Bingo 12:30
21) CENTER CLOSED!!  MARTIN LUTHER KING JR. DAY!!	22) Card Party Day 10:30, Van Transportation Available- Local Errands, Cards	23) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2	24)Cards, Bingo 12:45, Van Transportation Available- Local Errands	25)Cards, Yoga 10:30, Bingo 12:30
28)Cards, Cribbage 9:00, Yoga 10:30, Shopping Day- Van leaves 9:30 – sign up!!	29)Card Party Day 10:30, Van Transportation Available	30)Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2	31)Cards, Bingo 12:45, Van Transportation Available- Local Errands	