

**Rensselaer County Department of Unified Family Services - AGING  
HOOSICK FALLS SENIOR CENTER, 69 Church St.- Phone 686 - 7561  
FEBRUARY 2019 ACTIVITIES CALENDAR**

Monday	Tuesday	Wednesday	Thursday	Friday
				1) Cards, Bingo 12:30, Yoga 10:30
4) Cribbage 9:00, Cards, Yoga 10:30, Smart Food Ideas 11:00	5)Card Party Day 10:30, Van Transportation Available, Cards, Valentine Card Making 10:00	6) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2	7) Cards, Van Transportation- Local Errands, February Birthday Cake & Trivia Contest 12:30 - Bingo to follow!!	8) Cards,Yoga 10:30, Bingo 12:30
11)Cribbage 9:00, Cards, Yoga 10:30, Shopping Day – Clifton Park- Van leaves 9:30- sign up!!	12) Card Party Day 10:30, Van Transportation Available – Local Errands, Cards, Dept of Health on Heart Disease 12:15	13) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2	14) Cards, Bingo 12:45, Van Transportation Available- Local Errands, Special Dinner -Valentine’s Day CNR info available & giveaways Special Bingo prizes!!	15) Cards, Yoga 10:30, Bingo 12:30
18) CENTER CLOSED!!  PRESIDENT’S DAY!!	19) Card Party Day 10:30, Van Transportation Available- Local Errands, Cards	20) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2, Food Stamp Help- sign up!!	21)Cards, Bingo 12:45, Van Transportation Available- Local Errands	22)Cards, Yoga 10:30, Bingo 12:30
25)Cards, Cribbage 9:00, Yoga 10:30, Membership Meeting 12:45	26)Card Party Day 10:30, Van Transportation Available	27)Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2	28)Cards, Bingo 12:45, Van Transportation Available- Local Errands	