

**Rensselaer County Department of Unified Family Services - AGING
HOOSICK FALLS SENIOR CENTER, 69 Church St.- Phone 686 - 7561
NOVEMBER 2017 ACTIVITIES CALENDAR**

Monday	Tuesday	Wednesday	Thursday	Friday
		1) Cards, Exercise Class 1:00, Bone Builders 10:30	2) Cards, Van Transportation Available, Bingo 12:45	3) Cards, Bingo 12:30, Yoga 10:30, Zumba 11:00, Legal Aid Available-sign up!!, Open Enrollment Appointments- sign up!!
6) Cards, Cribbage 9:00, Yoga 10:30, Shopping Day- Sign up- Van leaves 9:30	7) CENTER CLOSED!! ELECTION DAY!!	8) Cards, Exercise Class 1:00, Motor Vehicle Available 10-2, Bone Builders 10:30, Concert at Tamarac School— Sign up for a ride!	9) Cards, Van Transportation- Local Errands, Bingo 12:45	10) CENTER CLOSED!! VETERANS DAY!!
13) Cards, Cribbage 9:00, Yoga 10:30	14) Card Party Day 10:30, Van Transportation Available – Local Errands, Cards, CRAFTS 10:00	15) Cards, Exercise Class 1:00, Motor Vehicle Available 10 – 2, Bone Builders 10:30, Rouse Meeting 9:30, CRAFTS 10:00	16) Cards, Van Transportation Available, Bingo 12:45, Eat Smart Ideas 11:00, SPECIAL DINNER – 12:00 “Thanksgiving”	17) Cards, Bingo 12:30, Yoga 10:30, Zumba 11:00, Open Enrollment –Make an Appointment!!
20) Cards, Cribbage 9:00, Shopping Day –Lee Outlets- Van Leaves 9:30, Yoga 10:30	21) Card Party Day 10:30, Van Transportation Available, Local Errands, Cards	22) Cards, Exercise Class 1:00, Motor Vehicle Available 10 – 2, Food Stamp Help –Sign Up!! Bone Builders 10:30	23) CENTER CLOSED!! HAPPY THANKSGIVING!!	24) CENTER CLOSED!!
27) Cards, Cribbage 9:00, Yoga 10:30	28) Card Party Day 10:30, Van Transportation Available- Local Errands, Cards	29)Cards, Exercise Class 1:00, Bone Builders 10:30	30) Cards, Van Transportation Available- Local Errands, Bingo 12:45, Alzheimers Presentation— Know the 10 Signs 11:00	