Rensselaer County Department of Unified Family Services - AGING HOOSICK FALLS SENIOR CENTER, 69 Church St.- Phone 686 - 7561 MARCH 2018 ACTIVITIES CALENDAR

Monday	Tuesday	Wednesday	Thursday	Friday
***Defensive Driving Course *** Wednesday April 25 th 9:00-3:30 Call Center to sign up!!			1)Cards, Bingo 12:45, Van Transportation Available- Local Errands	1) Cards, Bingo 12:30, Yoga 10:30, Zumba 11:00, Legal Aid Available-sign up!!,
5) Cards, Cribbage 9:00, Yoga 10:30, March Birthday Cake 12:30	6) Card Party Day 10:30, Van Transportation Available- Local Errands, Cards	7) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2	8) Cards, Van Transportation- Local Errands, Bingo 12:45	9) Cards,Yoga 10:30, Zumba 11:00, Bingo 12:30
12) Cards, Cribbage 9:00, Yoga 10:30, Shopping Day –Van leaves 9:30-Sign up!!	13) Card Party Day 10:00, Van Transportation Available – Local Errands, Cards, Fraud Presentation 12:30	14) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2	15) Cards, NO Bingo , Eat Smart Food Ideas 11:00, Van Transportation Available- Local Errands, 12:00- SPECIAL DINNER –"St. Patty's" Music by: Ray Gifford 12:30	16) Cards, Yoga 10:30, Zumba 11:00, Bingo 12:30
19) Cards, Cribbage 9:00, Yoga 10:30	20) Card Party Day 10:30, Van Transportation Available, Local Errands, Cards, CRAFTS 10:00	21) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2, CRAFTS 10:00	22)Cards, Bingo 12:45, Van Transportation Available, "Rehab to Home"- Presentation & Ice Cream Social- Sponsored by HF Center for Rehab	23) Cards, Yoga 10:30, Zumba 11:00, Bingo 12:30
26) Cards, Cribbage 9:00, Yoga 10:30, Shopping Day- Van leaves 9:30 Sign up!!	27) Card Party Day 10:30, Van Transportation Available- Local Errands, Cards	28)Cards, Exercise Class 1:00, Motor Vehicle Available 10-2, Bone Builders 10:30	29)Cards,Van Transportation Available –Local Errands, Bingo 12:45	30) Cards, Yoga 10:30, Zumba 11:00, Bingo 12:30