

**Rensselaer County Department of Unified Family Services - AGING
HOOSICK FALLS SENIOR CENTER, 69 Church St.- Phone 686 - 7561
MAY 2018 ACTIVITIES CALENDAR**

Monday	Tuesday	Wednesday	Thursday	Friday
	1)Card Party Day 10:30, Van Transportation Available- Local Errands, Cards	2)Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2	3)Cards, Bingo 12:45, Van Transportation Available- Local Errands, Bone builders 10:30	4) Cards, Bingo 12:30, Yoga 10:30, Zumba 11:00, Legal Aid Available-sign up!!
7) Cards, Cribbage 9:00, Yoga 10:30,Shopping Day Sign up – Van leaves 9:30, Sip & Swirl Painting 10:00, Meeting12:45-Birthday Cake!	8) Card Party Day 10:30, Van Transportation Available- Local Errands, Cards	9) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2	10) Cards, Van Transportation- Local Errands, Bingo 12:45, Bone Builders 10:30, Share Luncheon	11) Cards,Yoga 10:30, Zumba 11:00, Bingo 12:30
14) Cards, Cribbage 9:00, Yoga 10:30	15) Card Party Day 10:00, Van Transportation Available – Local Errands, Cards, Special Dinner 12:00, Musical Guest-Paul Slusar - 12:30-1:30	16) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2	17) Cards, Bingo 12:45 , Van Transportation Available- Local Errands, Eat Smart Ideas 11:00, Health Dept. Presentation 11:30 on Hypertension	18) Cards, Yoga 10:30, Zumba 11:00, Bingo 12:30
21) Cards, Cribbage 9:00, Yoga 10:30, Van to Via Aquarium 9:00- Sign up!!	22) Card Party Day 10:30, Van Transportation Available, Local Errands, Cards	23) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2	24)Cards, Bingo 12:45, Van Transportation Available, Bone Builders 10:30	25) Cards, Yoga 10:30, Zumba 11:00, Bingo 12:30
28) CENTER CLOSED!! HAPPY MEMORIAL DAY!!	29)Card Party Day 10:30, Van Transportation Available- Local Errands, Cards	30)Cards, Exercise Class 1:00, Bone Builders 10:30, Motor Vehicle Available 10-2, Blueshield of Northeastern NY- Information Table - 9:30-11:30	31)Cards, Bingo 12:45 Van Transportation Available, Bone Builders 10:30	