

**Rensselaer County Department of Unified Family Services - AGING
HOOSICK FALLS SENIOR CENTER, 69 Church St.- Phone 686 - 7561
OCTOBER 2018 ACTIVITIES CALENDAR**

Monday	Tuesday	Wednesday	Thursday	Friday
1)Cribbage 9:00, Cards, Yoga 10:30, Business Meeting 12:45	2)Card Party Day 10:00, Van Transportation Available- Local Errands, Cards	3)Cards, Bone Builders10:30, Exercise Class 1:00, Motor Vehicle Available 10-2	4) Cards, Van Transportation- Local Errands, Bingo 12:45	5) Cards, Bingo 12:30, Yoga 10:30, Legal Aid Available –Sign Up!
8) CENTER CLOSED!! COLUMBUS DAY!	9) Card Party Day 10:00, Van Transportation Available- Local Errands, Cards	10) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2, Food Stamp Help – Sign Up!	11) Cards, Van Transportation- Local Errands, Bingo 12:45	12) Cards, Yoga 10:30, Bingo 12:30
15) Cards, Cribbage 9:00, Yoga 10:30	16) Card Party Day 10:00, Van Transportation Available – Local Errands, Cards	17) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2	18) Cards, Bingo 12:45, Van Transportation Available- Local Errands, Eat Smart Ideas 11:00	19) Cards, Yoga 10:30, Bingo 12:30, OPEN ENROLLMENT— Call for an Appointment!
22) Cards, Cribbage 9:00, Yoga 10:30, Shopping Day-Van leaves 9:30	23) Card Party Day 10:00, Van Transportation Available, Local Errands, Cards, LONG TERM CARE EXPO— 10:30- 1:00	24) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2	25)Cards, Van Transportation Available- Local Errands, MUSIC BY PAUL SLUSAR --- 12:30	26) Cards, Yoga 10:30, Bingo 12:30, OPEN ENROLLMENT – Call for an Appointment!
29)Cards, Cribbage 9:00, Yoga 10:30	30)Card Party Day 10:00, Van Transportation Available- Local Errands, Cards	31)Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2, Special Dinner with Special Guests 12:00		DEFENSIVE DRIVING COURSE-NOVEMBER 7 TH CALL TO SIGN UP!! 9:00- 3:30