

**Rensselaer County Department of Unified Family Services - AGING
HOOSICK FALLS SENIOR CENTER, 69 Church St.- Phone 686 - 7561
NOVEMBER 2018 ACTIVITIES CALENDAR**

Monday	Tuesday	Wednesday	Thursday	Friday
			1) Cards, Van Transportation- Local Errands, Bingo 12:45	2) Cards, Bingo 12:30, Yoga 10:30, Legal Aid Available –Sign Up! OPEN ENROLLMENT- Sign up for an Appointment!!
5) Cribbage 9:00, Cards, Yoga 10:30, Shopping Day – Van leaves 9:30	6) CENTER CLOSED--- ELECTION DAY!!	7) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2, Defensive Driving Course – 9:00-3:30 Sign Up for a seat!!	8) Cards, Van Transportation- Local Errands, Bingo 12:45, Health Dept. Presentation on Dibetes 12:15	9) Cards, Yoga 10:30, Bingo 12:30, OPEN ENROLLMENT- Sign up for an Appointment!
12) CENTER CLOSED--- VETERAN'S DAY!!	13) Card Party Day 10:00, Van Transportation Available – Local Errands, Cards, French Toast Breakfast 9:30	14) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2, Crafts 10:00	15) Cards, Bingo 12:45, Van Transportation Available- Local Errands, Eat Smart Ideas 11:00, Special Dinner – 12:00 Music by Ray Gifford – 12:30	16) Cards, Yoga 10:30, Bingo 12:30, OPEN ENROLLMENT— Sign up for an Appointment!
19) Cards, Cribbage 9:00, Yoga 10:30, Shopping Day-Van leaves 9:30, Bus Trip to Log Cabin- Leaves Tops @ 9:30	20) Card Party Day 10:00, Van Transportation Available, Local Errands, Cards	21) Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10 – 2	22)CENTER CLOSED--- HAPPY THANKSGIVING!!	23) CENTER CLOSED!!
26)Cards, Cribbage 9:00, Yoga 10:30	27)Card Party Day 10:00, Van Transportation Available- Local Errands, Cards	28)Cards, Bone Builders 10:30, Exercise Class 1:00, Motor Vehicle Available 10-2	29)Cards, Van Transportation Available- Local Errands, Bingo 12:45	30)Cards, Yoga 10:30, Bingo 12:30 OPEN ENROLLMENT- Sign up for Appointment!