

## COMMUNITY EVENTS

### 11/29 - HOOSICK TRUE VALUE LADIES NIGHT

Bring a reusable bag and receive 25% off regular priced items. One night only. Sales & raffles. Bring your friends and SHOP LOCAL!

### 12/5 - 5PM - ST. NICHOLAS DAY

Immaculate Conception Church.

### December 7th

## TREE LIGHTING, PARADE & SANTA VISIT

Gather in Wood Park at 7pm in your holiday costumes. Stars, presents, menorahs, Santas, and candy canes are all welcome! Santa will lead the parade from Wood Park to The Armory, where he will visit with children and listen to their Christmas requests! Prizes will be awarded for cutest, most festive, and most original costumes.

### 12/8 - 6PM - ANNUAL HOLIDAY CABARET

St. Mary's Academy. Featuring music by The Swing Docs, silent auction, light fare. Cash bar.

### 12/8 - 9AM - LIONS' ANNUAL CHRISTMAS TREE SALE

Freshly cut, locally grown trees. \$35. Delivery available. Sale goes until trees sell out.

### 12/9 - 5-6PM - ST. MARKS COMMUNITY DINNER

Open to the public.

### 12/13 - 6-8PM - CREATIVE CLASS AT PARISI DESIGNS

Decorate a Christmas Wreath. \$10 plus supplies.

### 12/16 - 7PM - MUSIC FOR A WINTER EVENING

St. Marks Church. Organ, cello & voice concert.

Free/Open to the public.

### 12/20 - 6PM - ST. MARY'S ADVENT CONCERT

Immaculate Conception Church.

Call 686-4314 for info.

### 12/21 - 7:30PM - HOOSICK FALLS COMMUNITY BAND

CHRISTMAS CONCERT

First United Church. Free/Open to the public.

### 12/25 - MIDNIGHT MASS

Immaculate Conception Church



**IT'S HAPPENING IN HOOSICK!**  
**HOOSICK ARMORY, YOUTH CENTER & COMMUNITY COALITION**

Armory: 80 Church Street / Youth Center: 115 Church Street  
Mailing Address: PO Box 492, Hoosick Falls, NY 12090 / 518.686.9050 / www.hayc3.org / contacthayc3@gmail.com

**DECEMBER 2012**

## THE ARTS

### ACCEPTING ARTISAN APPLICATIONS

HAYC3 is creating another space in HF in The Armory to support & promote local artists & artisans. If you are a crafter or an artist who would like to show and sell your work, or if you would like to volunteer to help get this project off the ground, call HAYC3 to find out how to get involved in this exciting opportunity.

### ANNOUNCING TWO NEW ART GALLERIES COMING TO THE ARMORY:

#### The 120 GALLERY & GALLERY 90.

HAYC3 & Artists' Guild volunteers are transforming spaces at the Armory for rotating art exhibitions. Artists who are interested in exhibiting

## RECREATION & EXERCISE

### WINTER WALKING

Baby it's cold outside! Don't let winter interrupt your routine, just move it inside! Continue your walking all year at The Armory. M-F 8am to 11am. Free & open to the public.

### FLOOR HOCKEY LEAGUE

Beginning Jan. 2013 at The Armory. Add an exciting new dimension to your regular fitness routine. Adult coed teams are being organized now. Call HAYC3 to get on a team.

**ZUMBA** 11/16-12/18 4pm Ten-class sessions every Tuesday & Friday through December 18th. Admissions are rolling, start any time. Members: \$50. Non-members: \$70.

### EVENING RECREATION HOURS

Mon.-Thurs. 7-9pm; Fri.-Sat. 7-10pm. For members in grades 7-12. At the Youth Center.

work and folks willing to serve on the Gallery Committees, please contact HAYC3.

### VIOLIN LESSONS

For all ages and levels (beginners, intermediate & advanced). Private lessons from a professional violinist are \$30/hr, \$20/half-hr; \$40/hr, \$30/half-hr. Group classes also available. Contact HAYC3 for info.

### WATERCOLOR PAINTING.

Intermediate classes meet every three weeks for three hours. Adults & high school students interested in refining their painting skills in a friendly, casual and nurturing atmosphere should call HAYC3 for dates and registration. Members: \$30; Non-members: \$50.

**HAYC3 programs are made possible by THE DRUG FREE COMMUNITIES GRANT.**

## ENRICHMENT PROGRAMS

### BEFORE SCHOOL

The program begins each day at 5:45 am and ends at 8:15am. Bus transportation to school is provided. Parents may send a bag breakfast with their child if they wish to. The cost is \$180/month.

### AFTER SCHOOL

Students are transported to the HAYC3 Youth Center by the HFCS bus transportation system at 3:30pm. Children are to be picked up by 6:00pm. A snack is provided along with homework help. The program also provides enrichment opportunities

## WELLNESS

### HONEY HEART HOLISTIC HEALTH WORKSHOP

Jan. 17th at 6:30pm. Topics covered in the 2-hour session include: What whole foods are, how to keep your resolution to be healthier in 2013, what refined foods are & how to reduce the amount that you and your family consume, & the importance of drinking water. This workshop will help people reach obtainable goals for the new year in many areas of their lives, such as diet, exercise, mental health & meditation, managing stress & improving physical health with positive lifestyle changes. To register, call 518-281-6715. The cost is \$30 for members 45\$ for non-members. (Save \$5 by signing up before December 31).

### LABYRINTH WALK

Dec. 30 from 12-3pm at The Armory. Experience a calming, peaceful way to ready your mind and spirit for the new year. Free & open to the public. Call HAYC3 or visit the website for much more info.

including theater, dance, and art. The cost is \$100/month. Contact HAYC3 to learn more.

**\*These programs are NYS certified.**

### SCHOOL VACATION PROGRAMS

**WEIRD WINTER WACKINESS** Feb. 18-22 Spend this week of winter experiencing themes in art, science, cooking while exploring all things frozen.  
**MONKEY BUSINESS** Apr. 1-5 Discover the fun of all things primates. Join your friends and work in teams to get your "inner" King Kong on in the jungle of your creation. The cost for each session is \$100/wk.

# CALLING ALL VOLUNTEERS!

HOOSICK IS MAKING A COMEBACK!

HAYC3 needs volunteers to help get some exciting new programs off the ground. Please consider joining a committee that is working on a project or program you are interested in.

OUR COMMUNITY IS STRONGER  
WHEN WE WORK TOGETHER!

## VOLUNTEER COMMITTEES

### MUSIC IN HOOSICK

A year-long program of musical events in that will be performed in Hoosick. Musicians & music lovers: share your talent and/or passion with your community.

### THE FALLS FILM SERIES

Calling all movie buffs! Help create a film series that will bring classics, musicals, foreign language and art films to Hoosick.

### HOOSICK FOOD CO-OP

Hoosick needs a place where people can get healthy, affordable, locally-grown and organic foods. If this is important to you, help start the Hoosick Area Food Co-op.

Find out more about any of these committees by contacting HAYC3 at 518.686.9050.

## SAVE THE DATE: FEBRUARY 2, 2103 **HOOSIPALOOZA!**

Hoosipalooza is a community celebration that supports the HACA Food Pantry. This day-long, spirited festival starts at 8am & provides our community with a full itinerary of events, activities, music, and food for all ages. Everything is free. Donation jars will be at each location. All proceeds benefit the food pantry. For info, call HAYC3. The celebration is made possible by the Drug-Free Community Grant.

## The Hoosick Holiday **SHOP LOCAL** Challenge

### *What it is:*

During the week of December 7-14 gather your family and friends for the Hoosick Holiday Shop-Local Challenge and win a \$50.00 gift certificate of your choice to any business in the Hoosick area.

Starting on Friday, December 7th, tag HAYC3 in a photo with you and a group of three or more people shopping at any local Hoosick establishment, be it a restaurant, hardware store, salon, gallery, or florist, on HAYC3's Facebook page. The funniest picture wins!

### *How to enter:*

- 1) Become Facebook friends with HAYC3, (Hoosick Armory YouthCenter (Andcommunity-Coalition).
- 2) Shoot many photos with you and your group shopping local in Hoosick during the week of December 7-14.
- 3) Upload your funniest photos to your Facebook account and tag HAYC3 in the photos by December 14.

**The winner will be announced on December 17 so grab your family, friends, camera, and wit and start shopping local!** For more information call 518-686-9050.

## *This holiday season...* **SHOP LOCAL**

### *10 Ways to Support Your Local Economy*

- 1 \* *Shop Local & Independent* \* Shopping at locally owned and independent stores keeps three to four times more money in the local economy than shopping at chain stores do.
- 2 \* *Make Your Holiday Meal with Locally Grown Food* \* Locally-grown and -produced foods are good for you and your neighbors.
- 3 \* *Shop in Your Neighborhood* \* Shopping close to home saves you time and money, and keeps your local economy strong.
- 4 \* *Encourage Others to Eat Local* \* Gift certificates to local restaurants and markets are a great way to encourage others to live local.
- 5 \* *Give a Gift Membership* \* Give a gift of belonging with memberships to a local non-profit organizations, museum, libraries, or cultural institutions.
- 6 \* *Gift the Gift of Yourself* \* Instead of wrapping up one more thing, offer your help or services. Cooking, gardening, snow shoveling, and baby sitting are always welcome gifts.
- 7 \* *Use Cash, Not Credit* \* When you pay cash, you keep more money in your community by helping businesses avoid credit card company and bank fees.
- 8 \* *Support Local Workers* \* Put people before profits.
- 9 \* *Support Sustainable Businesses* \* Sustainable businesses are good for the community and the planet. Help keep them in business.
- 10 \* *Trade with a Neighbor* \* Go retro and bring back small town bartering.