

The Town of Hoosick Lions Club proudly presents the
30th Annual

WOOD MEMORIAL 5K and FUN RUN

Open to All: Runners, Wheelchair Racers, and Walkers

Distances: 5K/Walk 1Mi. Date: May 16, 2015 Start Time: 9:00 AM

Course: Same Route – 100% paved village streets. Mostly Level. Water Stations

5 K Run/1 Mile Walk: \$12.00 >>> Pre-Registration (received by May 3th) **\$15.00** >>> Day of Race

T-shirts guaranteed for all pre-registered runners/walkers.

Registration & Check in: At The Wood Park Gazebo, Main Street, Hoosick Falls, N.Y. **7:00-8:40 AM (FIRM)**

ROAD RACE TROPHIES (RUN)

Trophies to the First Place overall finishers ---Male and Female.

Also, Special Trophies to the First Male and First Female residents of the Town of Hoosick to finish and First

Wheelchair entry to finish.

MEDALS

Gold and Silver Medals to be awarded in each Male and Female Age Division.

No duplication of prizes.

FUN RUN: 1 Mile Race: Entry Fee >>> \$7.00 - Runners registered by May 4th receive a Fun Run t-shirt.

****\$50 CASH PRIZE for male and female winner in each age group****

Registration: 7:00-9:30 AM in the Park

Check in 9:30 AM Fun Run starts at conclusion of the 5K.

Refreshments for all participants at the conclusion of the race.

REGISTRATION FORM for the 2015 WOOD MEMORIAL 5K AND FUN RUN

Print Name: _____

Town of Hoosick Resident: YES NO

Address: _____

City, State & Zip: _____

Gender: MALE FEMALE

Select Your Event and Age Group.

SHIRT SIZE

Youth sizes

S=6-8,

M=10-12,L=14-16

Size _____

Adult Sizes S-XXL

Size _____

5 K Run
 1 Mile Walk
 1 Mile Fun Run

5 K ROAD RACE

(A) 13 and under
 (B) 14 thru 19
 (C) 20 thru 29
 (D) 30 thru 39
 (E) 40 thru 49
 (F) 50 thru 59
 (G) 60 thru 69
 (H) 70 and up

1 MILE FUN RUN

(A) <5
 (B) 5 thru 7
 (C) 8 thru 10
 (D) 11 thru 13

WAIVER AND RELEASE (Must be Signed)

Waiver: I know that running a road race is a potentially hazardous activity. I am in proper physical condition to compete in this run/walk and assume all risks associate with my participation including, but not limited to, falls, contact with other participants, the effects of the weather including high heat and/or humidity, traffic, and the conditions of the road, all such risks being known and appreciated by me. In consideration of this entry, I hereby for myself and my heirs, my executors and administrators, waive and release any and all claims for damages I may have, or bring, against the organizers of this event, the Town of Hoosick Lions Club, and their representatives, successors and assigns for any and all injuries that may be suffered before, during, and/or after this event. I understand that bicycles, skateboards, baby joggers, roller skates or inline skates, animals and headsets are not allowed in this event and I will abide by this guideline.

Signature _____ Date _____

(Parent/Guardian signature required for runners under 18.)

Racer's Number

Official Use Only

Send completed application with check for entry fee (payable to Town of Hoosick Lions) to:

Rosemarie Smith, HFCU, PO Box 70, Hoosick Falls, NY 12090